



Access Ideas (M) Sdn. Bhd.

Road Safety: Everyone's Responsibility

At the end of this training session, participants will have a:

- ✓ **Comprehensive understanding of road safety.**
- ✓ **The necessary skills to reduce the risk of accident**
- ✓ **Promote safer driving habits.**

The course is designed to equip participants with the knowledge and skills necessary to reduce the risk of accidents and ensure a safer driving experience. The course covers a range of topics, including:

- **Understanding the current road safety situation in Malaysia, including the factors that contribute to road crashes and speed limits.**
- **The importance of managing mental and physical health before driving, including the practice of the heart and mind method to boost motivation.**
- **The significance of managing hazards and utilizing route hazard mapping in daily travel.**
- **The operation of safety tools in vehicles and the practice of regular vehicle inspections and maintenance.**
- **The principles of defensive driving, including the understanding of road signs, road rules, and proper driving techniques.**

TARGET PARTICIPANTS

All level of Employees

**COURSE
CONTENT**

Module 1

Road Safety: Factors Contributed to Road Crashes

Module 2

Family Safety Reminder (FSR)

Module 3

Fitness to Ride

Module 4

Hazard Identification, Risk Assessment and Risk Control (HIRARC)

Module 5

Safety Tools, Vehicle Inspection and Maintenance

Module 6

Hands on: Vehicle Inspection and Maintenance

Module 7

Theory: Defensive Driving / Riding

Module 8

Attitude & Behaviour of Road User in Malaysia

**TRAINING
METHODOLOGIES**

- **Slide presentation**
- **Quizzes**
- **Group activities**
- **Hands on**
- **Presentation task to participants**

TRAINER'S
PROFILE

MUHAMMAD SYUKRI BIN ABDUL KHALID is an experienced trainer specializing in road safety and mechanical engineering. With a Master's degree in Mechanical Engineering from the Universiti Kebangsaan Malaysia (UKM) and professional qualifications such as the HRD Corp Train the Trainer Certificate, he is well-equipped to design and deliver effective training programmes.


Syukri has accumulated several years of experience working as a Project Engineer at Boilermech Sdn Bhd and as a Research Officer at the Malaysia Institute of Road Safety Research (MIROS). In his current role at MIROS, he has been involved in various research projects related to road safety, which has given him a deep understanding of the subject matter.


As a trainer, he has conducted several training programs related to road safety and mechanical engineering. Some of the training programs he has conducted include the Commuting Safety Support Program (CSSP), Managing Work Related Road Safety Program, Defensive Driving & Riding Training (JKS), and Motorcycle Safety Forum (MOTOSAFE). Participants in these training programs have benefited greatly from his expertise and have praised his training delivery style.

Syukri is a knowledgeable and experienced trainer with a passion for road safety. His extensive experience and commitment to professional development make him an asset to any organization seeking to improve safety standards.

**FURTHER
ENQUIRIES**

 zati@accessideas.com.my

 **012 - 204 7675**

 **ACCESS IDEAS (M) SDN. BHD. (1114005D)
12-2, BLOK A, JALAN ATMOSPHERE 2,
PUSAT PERNIAGAAN THE ATMOSPHERE,
43300 SERI KEMBANGAN, SELANGOR DE
www.accessideas.com.my**

**OTHER
PROGRAMMES**

Other programmes under AIMS SAFE

Ergonomics and Musculoskeletal Disorder Prevention
Fire Safety and Emergency Evacuation Procedures
First Aid and CPR Training
Road Safety
Hazardous Materials Handling and Chemical Safety
Electrical Safety and Prevention of Electrical Hazards
Slips, Trips, and Falls Prevention
Noise Control and Hearing Protection



Stress Management and Resilience Building
Conflict Resolution and Anger Management
Time Management and Productivity Improvement
Problem-Solving and Decision-Making Skills
Critical Thinking and Analytical Skills
Emotional Intelligence and Self-Awareness
Communication Skills and Active Listening
Diversity, Equity, and Inclusion Training

#AIMSAFE

Indoor Air Quality and Ventilation
Lighting and Noise Control
Workplace and Home Safety
Emergency Preparedness and Disaster Response
Waste Management and Recycling
Sustainable Business Practices and Environmental Responsibility
Water Conservation and Management
Energy Conservation and Efficiency